

Model Haavi

Early intervention for young
alcohol and drug users



Background to the activities within Model Haavi

- The common worry for the child welfare and the psychosocial services on the substance abuse among underage people is the background for Haavi
- The original goal was to set up a cooperation model between the child welfare and psychosocial services to prevent and intervene in an early stage when an underage child is in question
- The activities were started up 6/2011

Haavi

- For 12 – 18 year olds, who abuse substances or intoxicants
- Placed in the premises of the detoxification centre
- Cooperation between the child welfare and psychosocial services
- The functions consist of acute detoxification and outpatient clinic
- Meetings with the youngsters and families, settling of the situation, counselling and evaluating the need of care and making up a plan for the client
- Acute detoxification care during weekends Fri - Sat 20 – 08
- One full-time worker, and during weekend duty also workers from other units.

The Detoxification Centre

Detoxification

Acute institutional care for intoxicated people

Estimation of the need for care

Rehabilitation

Duty 24h/day

Treatment for curing drug addiction

Principle of a low doorstep. No admission note needed.

Substitution therapy

Care according to the statute of substitution therapy

A admission note is needed from the estimation of the need for care

Estimation at the A-clinic and Youth station Klaara

Haavi

Acute detoxification care for underage intoxicated people


- Open Fri - Sat 20 - 08

Mapping of substance abuse and guidance

Principle of a low doorstep. No admission note needed.

There is a multiprofessional team working at the Detoxification Centre; doctors, nurses, social workers and a charge nurse.

Partners

- The Child Welfare
 - The Social Duty
 - The Police
 - The Rescue Centre
 - The Youth Station Klaara
 - The A-clinic
 - The Comprehensive schools
 - The Upper Level Schools
 - The Searching Youth Working Group
 - The Youth Department
 - Voluntary organisations
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Starting up

- due to worries on the substance abuse from the child welfare
- due to the work at the detoxification centre
- due to other instances (f.i. The youth station Klaara, comprehensive school, vocational institute, searching youth work, the work coaching centre Jupiter)
- through parents or other close relatives
- the youngsters own will

The goals of Haavi

- Mapping of the youngsters substance abuse, stopping the situation on sending the youngster for continued care
- Settling the family's situation as a whole and giving them the proper type of care
- Addition of security and welfare for the youngster as well as aiming for being drug free
- Moving the focus to take actions as early as possible in cases of intoxication problems

The function model of Haavi

- Initial meeting; the youngster, the parents, the social worker at Haavi, a social worker from the child welfare and other partners that are needed
- Mapping the situation by using structured methods; for the youngster, the parents and possibly also for the representatives from school
- Discussions on intoxication
- Supervised drug tests
- Evaluating the need of care
- Feedback discussion according to the information retrieved from the mapping
- Agreement on continued care or continued supervising
- Sending the parents to get support if needed
- By average 4 visits/client (not including drug tests, which are done approximately twice a week)
- A control group, consisting of experts within child welfare and psychosocial services, is developing the functions

Statistics 6/2011-5/2012

- Client families 50
- Girls 17
- Boys 33
- Main intoxicant drugs for 29 youngsters
- Main intoxicant alcohol for 21 youngsters
- The middle age of the clients is 15 years
- Age borders 13-20

The premises



Observations

- Many of the patients have long time intoxicant abuse when they end up at Haavi
- A big amount of the youngsters have depression in the background already before the substance abuse
- The youngsters stories about the substance abuse and –abusers are describing the extent of the problem; big group of abusers, everything you get in your hands will be used and underage abusers of intravenous substances
- The attitudes of Cannabis users is worrying; cannabis is not seen as a drug
- Most parents have a liberal attitude towards the use of alcohol
- The parents feel like they have lost their grip on the youngster
- The socioeconomic situation for the client families has in general been good.

Experiences and wishes

➤ Experiences

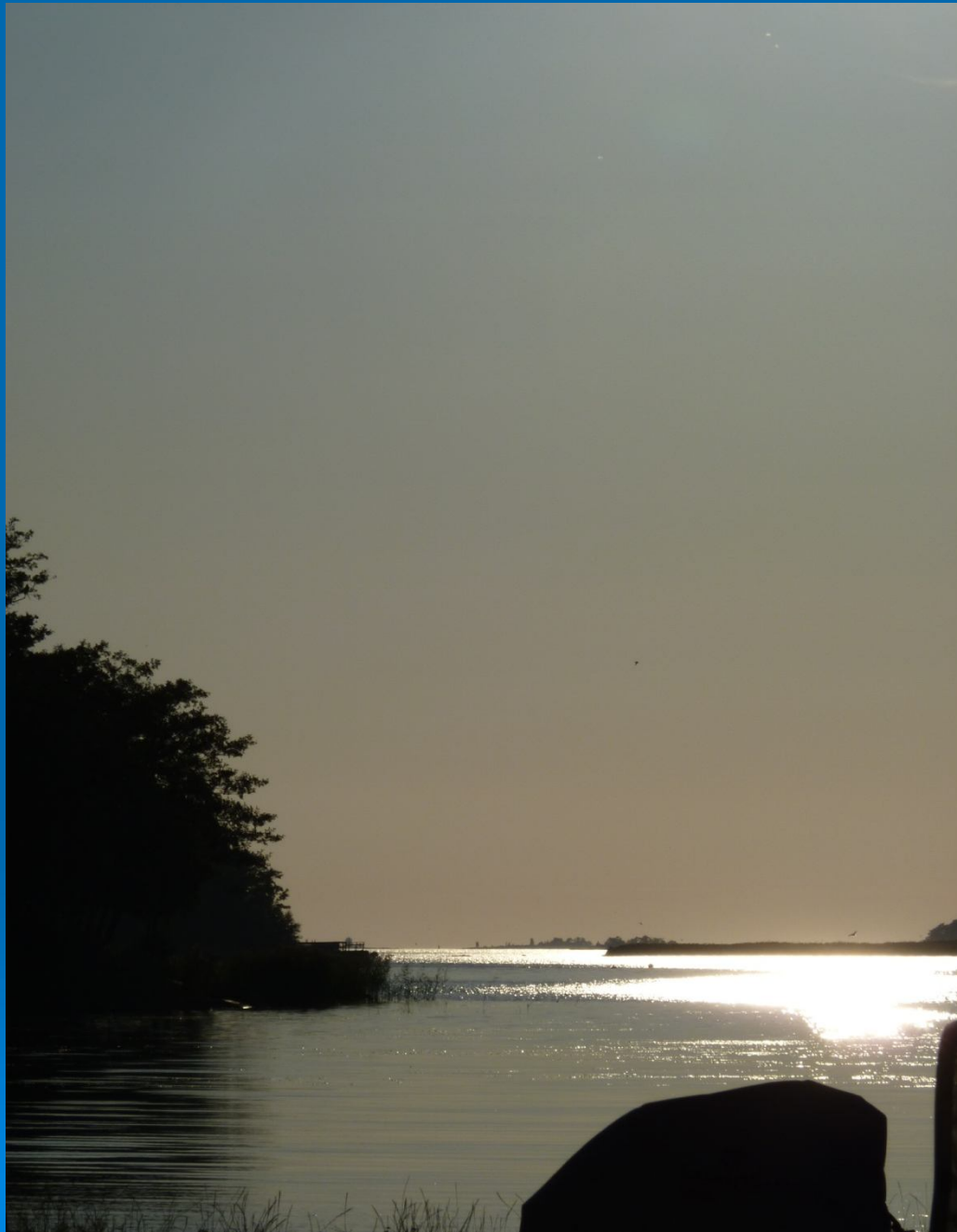
- The Child Welfare formerly had not good enough tools to solve problems with substance abuse among youngsters
- Along with the cooperative work the added competence has grown both in child welfare and psychosocial services
- The degree of using the detoxifications station has been low
- The cooperation is wide
- The youngsters are mainly in Haavi due to obligation from the child welfare
- Doing intoxicant work is challenging, as the information moves to the child welfare and the parents
 - > the youngsters are scared of the methods of the child welfare and the reactions from the parents, so they hide the real situation
- The parents have in general welcomed the functions of Haavi

➤ Wishes

- Customer close functions
- Consistency
- The service includes support and control
- Paying attention to the whole family
- > as many youngsters as possible get help in the right time

Ideas for developing Haavi

- Supporting the youngster, the parents and relatives more intensively
- Developing the functions at the detoxification centre
- Developing the functions in a way that the youngsters find Haavi a place, where they can search for help themselves
- Developing the methods of preventing and taking early action (testing various methods)
- Clearing up the process descriptions
- To establish and make the functions of Haavi known to the residents and various authorities
- Adding resources to develop working in pairs
- Planning of working times so that they suit the youngsters studies



”Indeed it was good,
that you took action,
even though it back
then didn’t feel like it”

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