

SAILING: WAY TO ACTIVELY DISCOVER THE BALTIC SEA REGION

Sylwia Magdalena Skuza Pomeranian Foundation "Keja"

OBEJCTIVES OF THE FOUNDATION

- to support people with disabilities
- to get them involved in social life
- to help these people discover their true value
- to act as a symbolic bridge between the able-bodied and the disabled



OBEJCTIVES OF THE FOUNDATION

- to promote sport among the dissabled
- to show that disability does not restrict you from actively passing your free time
- to propagate sailing as a good way of social integration
- to organise training and sailing workshops for the blind or the visually impaired

REALISED PROJECTS OF FOUNDATION

- sailing training organised in Poland in 2009
- the blind or the visually-impaired people learn how to sail a yacht, how to cooperate with other sailors, how to be responsible for one's actions
- the disabled dicover the beauty of the world
- the people with disabilities learn how better integrate into the society



PROJECTS TO BE REALISED BY THE FOUNDATION

• sailing workshops to be organised in Poland in 2010 for the blind or the visually-impaired people

• with support from local sailing clubs and

the Navy

o aimed at:

 to increase social exclusion of people with disabilities

to broaden their horizons



PLANS / CHALLENGES FOR FUTURE

- to get involved
 UBC member
 cities
- to work on social inclusion of the disabled
- o to organise UBC Challenge Race 2012 ???



CONTACT DETAILS

Sylwia Magdalena Skuza Pomeranian Foundation "Keja" ul. Otwarta 2/7

80-169 Gdańsk (Poland)

Phone: + 48 58 302 16 41

E-mail: <u>biuro@fundacjakeja.org.pl</u>

www.fundacjakeja.org.pl



